

TRURO CENTER



FOR THE ARTS

PO Box 756, Truro, MA 02666

phone: 508-349-7511 email: info@castlehill.org

Painting the Energy in Nature

Instructor: Nancy McCarthy

Monday - Friday

August 12 - 16

9am - 1pm

5 Sessions

Open studio: Mon - Thurs, 1 - 4pm

Location: Edgewood Farm, 3 Edgewood Way, Truro

Suggested Materials List:

This includes suggestions for oil, acrylic, gouache and watercolor. If you have been painting for a while and already have supply please bring that. Please be in touch with me if you have any questions about supply.

Email: nmccarthy@massart.edu

Paint:

• Oil, Acrylic Paint or Gouache: Here is a basic color list. Please avoid "hues" which don't have the real pigment in them.

For oil paint, a good choice for economy/quality are these brands: Gamblin, Winsor Newton Artists or Utrecht Artists.

For acrylic: Golden Heavy Body. 37ml or 2-ounce tubes except for white, get the larger tube of white.

- Titanium white
- Cadmium lemon
- Cadmium yellow medium
- Cadmium red, medium
- Alizarin crimson
- Sap green (or Williamsburg brand COURBET Green)
- Cadmium green (light) (optional)
- Ultramarine blue
- Cerulean or cobalt blue
- Dioxazine purple (or violet in gouache)

Other materials for acrylic or acrylic gouache

- Golden Retarder
- Two good sized water containers, that can be closed and carried, Spray bottle for water.

Other materials for oil

- Solvent: either odorless mineral spirits (the Gamsol brand quart is a good choice) or walnut oil.
- Medium: Gamblin Solvent-Free Oil Gel Medium, 37 ml tube
- Palette cup: a short metal cup, to hold solvent.

For oil, acrylic and gouache:

- Surfaces to Paint on: A flat surface at least 9"x12" no edges or cups. A palette paper pad (disposable palette) is another option and allows for a fresh mixing area quickly.
- Natural bristle, two brights, a #8 and a #10. Avoid tiny brushes. Blick Masterstroke are good, economical brushes.
- Palette knife: Bring at least one (more if you have them) basic palette knife, LARGE (more than 1" long, 1/2" wide) for mixing paint and scraping the palette. Make certain to have one with a bend in the handle, and not plastic.
- Guerrilla Painter Cartón Plein Air Panels, 9" x 12" , two packs of six .(available at most art supply stores).

For Watercolor:

- Winsor Newton, Daniel Smith or M.Graham are the suggested brands, 14 ml tubes are the most economical but 5 ml tubes will provide more than enough paint for this workshop.
 - Winsor Lemon (PY175) or Azo Yellow (PY151 or 154)
 - St Raw Sienna (PR101) or Yellow Ochre (PY42)
 - Burnt Sienna (PR101)
 - Quinacridone Rose or Permanent Rose (PV19)
 - French Ultramarine Blue or Ultramarine Blue (PB29)
 - Winsor Blue or Phthalo Blue (Green Shade) (PB15)
 - Perylene Green (PBK31)
 - Perylene Maroon (PR179) ST
- Plastic folding palette with wells Brushes
- Arches watercolor block, 140 lb., cold press, 9"x 12", 10 sheets and Canson XL watercolor pad, 9" x 12" (or any other brand of CHEAP watercolor paper, around 25 sheets)
- Synthetic sable water color brushes are fine, Princeton Neptune Series 4750, or Blick Master Synthetic Kolinsky. Avoid the cheapest, those listed as "scholastic", or "student"; as with many things you get what you pay for.
- One medium round-#6or#8, one large wash- a 1 inch flat or mop, one rigger #2 or #3

FOR ALL:

- Sturdy board (cardboard, ply wood), 9" x 12" or larger
- Artist tape (avoid blue painters tape), get white artists' tape.
- Drawing pad or sketch book, vine charcoal or pencils, or whatever you like to draw with.
- Rags or paper towels
- Small plastic bag to hang on your easel for dirty rags or paper towels
- Easel: Both French easels and aluminum tripod easels work well. French easels are a bit heavier, because of they are made of wood, but they have some space to store things and a place for a palette to rest. If you are new to outdoor painting and are not ready to purchase an easel yet I have a few available to lend. Please let me know if you plan to do so: nnmccarthy@massart.edu. You can also contact Castle Hill to borrow an easel.
- Carry All: Large tote, duffle or wheely cart to carry your supply in.

- Seat: Optional. If you like to sit when you paint, bring along a small, collapsible, lightweight seat. Camping stores and websites are a good place to look.
- Bug spray
- Closed shoes and socks
- Water bottle, snacks!

****We're sorry, but you cannot put contaminated liquid down the drains! Please take home any solvents or paint mediums after your workshop. Rags are provided for clean up, and must be disposed of in the proper fire-safe bins if used. Thank you for your cooperation!*